

**WHAT IS CLAIMED IS:**

1. A method for enhancing a dent-resistant property of a steel plate comprising:  
pre-straining a steel plate by tensile forces acting along one axis;  
performing a press process with respect to the steel plate; and  
5 enhancing yield strength of the steel plate based on an increase in the degree of  
work-hardening .
2. A method according to claim 1, wherein pre-straining the steel plate comprises  
performing a skin pass mill process on the steel plate, and the skin pass process comprises  
a reduction rate between about 1.8% to about 2.0% when a cold-rolled steel plate is  
10 fabricated.